SHELF RELIANCE / EMERGENCY CONTACTS

Sweden

A4 - one page - print single-sided - keep somewhere easy to find

Police, ambulance or fire

112

Give your location, explain what happened and follow the operator's instructions. [1]

MEDICAL ADVICE & POISON INFORMATION

Healthcare advice

1177

Advice about symptoms and where to seek care. [2]

NON-EMERGENCY POLICE & ASSISTANCE

Police non-emergency

114 14

For non-urgent police matters. From a foreign mobile use +46 77 114 14 00. [2]

POWER, GAS & WATER

Electricity and outage information

Contact the local electricity network company shown on your bill. The national energy regulator provides consumer guidance. [3]

OTHER HELP & SUPPORT

Major incident information

113 13

Information about serious accidents and crises. Not an emergency dispatch line. [2]

MY LOCAL CONTACTS

Doctor / clinic: _____ Utility / water: _____

My embassy / consulate in this destination (add before travel):

Short codes and freephone numbers may not work from foreign SIMs. For local services, check your provider or the official sources below.

[1] European Commission - digital-strategy.ec.europa.eu
[2] Krisinformation.se - krisinformation.se
[3] Swedish Energy Markets Inspectorate - ei.se