SHELF RELIANCE / EMERGENCY CONTACTS

Portugal

A4 - one page - print single-sided - keep somewhere easy to find

Police, ambulance or fire

112

Give your location, explain what happened and follow the operator's instructions. [1]

MEDICAL ADVICE & POISON INFORMATION

SNS 24 health advice

808 24 24 24

Symptom assessment and advice about where to receive medical care. [2]

Poison information

800 250 250

Contact the anti-poison information service. [3]

NON-EMERGENCY POLICE & ASSISTANCE

Non-emergency help while travelling

For non-urgent police matters, contact a local station. Official travel guidance lists assistance routes for crime victims and other incidents. [4]

POWER, GAS & WATER

E-REDES network: mainland Portugal

Electricity faults

800 506 506

E-REDES electricity fault line, available day and night. Other distribution networks have different contacts. [5]

Portgás distribution area

Gas emergency

800 215 215

For gas incidents on the Portgás network. Use your own network operator elsewhere. [6]

MY LOCAL CONTACTS

Doctor / clinic: _____ Utility / water: _____

My embassy / consulate in this destination (add before travel):

Short codes and freephone numbers may not work from foreign SIMs. For local services, check your provider or the official sources below.

[1] European Commission - digital-strategy.ec.europa.eu
[2] SNS 24 - sns24.gov.pt
[3] Portuguese government - gov.pt
[4] GOV.UK travel advice - gov.uk
[5] E-REDES - e-redes.pt
[6] Portgás - portgas.pt