SHELF RELIANCE / EMERGENCY CONTACTS

Spain

A4 - one page - print single-sided - keep somewhere easy to find

Police, ambulance or fire

112

Give your location, explain what happened and follow the operator's instructions. [1]

DIRECT EMERGENCY SERVICES

National Police

091

Direct emergency contact. Use only when urgent assistance is needed. [2]

Civil Guard

062

Direct emergency contact. Use only when urgent assistance is needed. [3]

MEDICAL ADVICE & POISON INFORMATION

Poison information

91 562 04 20

Advice about suspected poisoning from the Toxicological Information Service. [4]

MEDICAL ADVICE & POISON INFORMATION

Local doctors and medical care

For non-emergency care, contact a local doctor or clinic. Check official healthcare guidance for treatment and access arrangements. [5]

NON-EMERGENCY POLICE & ASSISTANCE

Non-emergency help while travelling

For non-urgent police matters, contact a local station. Official travel guidance lists assistance routes for crime victims and other incidents. [6]

POWER, GAS & WATER

Electricity faults: distributor directory

Use the official distributor register and the fault number on your bill. Your distributor may differ from your electricity retailer. [7]

MY LOCAL CONTACTS

Doctor / clinic: _____ Utility / water: _____

My embassy / consulate in this destination (add before travel):

Short codes and freephone numbers may not work from foreign SIMs. For local services, check your provider or the official sources below.

[1] European Commission - digital-strategy.ec.europa.eu
[2] Spanish Directorate-General for Traffic - dgt.es
[3] Spanish Ministry of the Interior - interior.gob.es
[4] Spanish Ministry of Justice - mjusticia.gob.es
[5] GOV.UK travel advice - gov.uk
[6] GOV.UK travel advice - gov.uk
[7] CNMC - sede.cnmc.gob.es