SHELF RELIANCE / EMERGENCY CONTACTS

Estonia

A4 - one page - print single-sided - keep somewhere easy to find

Police, ambulance or fire

112

Give your location, explain what happened and follow the operator's instructions. [1]

MEDICAL ADVICE & POISON INFORMATION

Family doctor advice

1220

Telephone advice about health concerns that are not emergencies. [2]

Poison information

16662

Advice about acute or suspected poisoning. [2]

NON-EMERGENCY POLICE & ASSISTANCE

Non-emergency help while travelling

For non-urgent police matters, contact a local station. Official travel guidance lists assistance routes for crime victims and other incidents. [3]

POWER, GAS & WATER

Elektrilevi distribution area

Electricity faults

1343

Elektrilevi fault reporting. Customers on other networks should contact their operator. [4]

OTHER HELP & SUPPORT

State information

1247

Non-emergency state and incident information. [2]

MY LOCAL CONTACTS

Doctor / clinic: _____ Utility / water: _____

My embassy / consulate in this destination (add before travel):

Short codes and freephone numbers may not work from foreign SIMs. For local services, check your provider or the official sources below.

[1] European Commission - digital-strategy.ec.europa.eu
[2] Estonian Health Board - terviseamet.ee
[3] GOV.UK travel advice - gov.uk
[4] Enefit - enefit.ee