Germany

A4 - one page - print single-sided - keep somewhere easy to find

Police, ambulance or fire

112

Give your location, explain what happened and follow the operator's instructions. [1]

DIRECT EMERGENCY SERVICES

Police

110

Direct emergency contact. Use only when urgent assistance is needed. [2]

MEDICAL ADVICE & POISON INFORMATION

Medical on-call service

116 117

For urgent medical problems that are not life-threatening, including help outside normal practice hours. [3]

MEDICAL ADVICE & POISON INFORMATION

Regional poison centres

Use the official poison-centre directory to find the centre for your area. [4]

NON-EMERGENCY POLICE & ASSISTANCE

Non-emergency help while travelling

For non-urgent police matters, contact a local station. Official travel guidance lists assistance routes for crime victims and other incidents. [2]

POWER, GAS & WATER

Electricity and gas network faults

Use the fault number of the local network operator shown on your energy bill. Network operators vary by area. [5]

MY LOCAL CONTACTS

Doctor / clinic: _____ Utility / water: _____

My embassy / consulate in this destination (add before travel):

Short codes and freephone numbers may not work from foreign SIMs. For local services, check your provider or the official sources below.

[1] European Commission - digital-strategy.ec.europa.eu
[2] GOV.UK travel advice - gov.uk
[3] Lower Saxony health ministry - ms.niedersachsen.de
[4] German Federal Institute for Risk Assessment - bfr.bund.de
[5] German Federal Office of Civil Protection - bbk.bund.de