SHELF RELIANCE / EMERGENCY CONTACTS

Switzerland

A4 - one page - print single-sided - keep somewhere easy to find

Police, ambulance or fire

112

Give your location, explain what happened and follow the operator's instructions. [1]

DIRECT EMERGENCY SERVICES

Ambulance

144

Direct emergency contact. Use only when urgent assistance is needed. [1]

Police

117

Direct emergency contact. Use only when urgent assistance is needed. [1]

Fire

118

Direct emergency contact. Use only when urgent assistance is needed. [1]

MEDICAL ADVICE & POISON INFORMATION

Poison information

145

Tox Info Suisse advice about suspected poisoning. [2]

Local doctors and medical care

For non-emergency care, contact a local doctor or clinic. Check official healthcare guidance for treatment and access arrangements. [3]

NON-EMERGENCY POLICE & ASSISTANCE

Non-emergency help while travelling

For non-urgent police matters, contact a local station. Official travel guidance lists assistance routes for crime victims and other incidents. [1]

POWER, GAS & WATER

SAK network: eastern Switzerland

Electricity outages: SAK network

Check the operator's fault information. Outside the SAK network, use the network operator on your bill. [4]

MY LOCAL CONTACTS

Doctor / clinic: _____ Utility / water: _____

My embassy / consulate in this destination (add before travel):

Short codes and freephone numbers may not work from foreign SIMs. For local services, check your provider or the official sources below.

[1] GOV.UK travel advice - gov.uk
[2] Swiss Federal Office of Communications - bakom.admin.ch
[3] GOV.UK travel advice - gov.uk
[4] SAK - sak.ch