SHELF RELIANCE / EMERGENCY CONTACTS

Australia

A4 - one page - print single-sided - keep somewhere easy to find

Police, ambulance or fire

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Give your location, explain what happened and follow the operator's instructions. [1]

MEDICAL ADVICE & POISON INFORMATION

Healthdirect advice

1800 022 222

Telephone advice about health concerns and the right service to use. [2]

Poison information

13 11 26

Contact the Poisons Information Centre for advice about suspected poisoning. [3]

NON-EMERGENCY POLICE & ASSISTANCE

Police non-emergency

131 444

For non-urgent police assistance. Check the local police route if the number does not connect in your area. [4]

POWER, GAS & WATER

Electricity and gas faults

Use the distributor for your address to report a power outage, gas leak or network fault. The provider directory covers its listed network areas. [5]

OTHER HELP & SUPPORT

Storm and flood assistance

132 500

State Emergency Service assistance. Service arrangements vary by state and territory. [4]

MY LOCAL CONTACTS

Doctor / clinic: _____ Utility / water: _____

My embassy / consulate in this destination (add before travel):

Short codes and freephone numbers may not work from foreign SIMs. For local services, check your provider or the official sources below.

[1] GOV.UK travel advice - gov.uk
[2] Healthdirect Australia - healthdirect.gov.au
[3] Ambulance Victoria - ambulance.vic.gov.au
[4] NSW Police - police.nsw.gov.au
[5] EnergyAustralia - energyaustralia.com.au